

Upshaw Tri-County Football Conference Rules

No additional players can be added to a roster after 24 August 2008 for the 2008 season.

7-9 Yrs Old or TRUE 4th Grader

1. Any player that may have the opportunity to run the ball cannot weigh over 90 lbs. All players will be weighed prior to playing their first game. The first scheduled game for the 2008 season is 6 September 2008 in Bell and all teams **must** arrive an hour prior to their game for weigh in.
2. Option to kick extra point, field goal or punt (no rushing allowed on any choke) 4th down in lieu of punt or ball may be moved 30 yards (simulated punt).
3. Extra point:
 1. Kicked = 2 points.
 2. Run in = 1 point.
 3. Field Goal = 3 points.
 4. One coach on the field offense and defense.
 5. 1 yard off the ball on defense, unless in goal line situations.

10-12 Yrs Old Prior to Sept. 1st 2008

1. Any player that may have the opportunity to run the ball cannot weigh over 120 lbs. All players will be weighed prior to playing their first game. The first scheduled game for the 2008 season is September 6, 2008 in Bell and all teams **must** arrive an hour prior to their game for weigh in. Any player that weighs over 120 lbs. that intercepts the ball, or recovers a fumbled ball cannot advance the ball.
2. No player may be 13 years old before September 1st.
3. A strip of tape will be placed on the helmet of any player weighing over 120 lbs. Any team not adhering to this will result in an automatic forfeit.
4. After the coin toss, kick off from the 40 yd line.

5. Teams may punt or kick (no rushing allowed on punts or kicks).
6. Teams may attempt field goal (no rushing allowed on a field goal attempt). If the handler misses the snap and the ball rolls passed him, and he has to get up to retrieve the ball, the field goal attempt will automatically be no good and the play is dead.
7. Extra point:
 1. Kicked = 2 points.
 2. Run in = 1 point.
 3. Field Goal = 3 points.
8. One coach on the field, offense and defense. Coaches will only be allowed to come to the hash marks, unless for a timeout.
9. The game will consist of four (12) minute quarters with a (12) minute halftime. During the last 2 minutes of each half the clock will stop for the following:

Change of Possession
Injuries
10. An injured player or penalty stops the clock during the entire game.
11. Referees will be regulation high school referees.
12. Games will be played on high school regulation (100 yd) field.
13. **Ejections** - If a player is ejected, he will be required to sit out two (2) halves. If the player is ejected in the first half, he will be required to sit out the second half of the existing game and the first half of the next game. **There are no exceptions.**
14. In the event that the game is tied at the end of the regular playing time, overtime will be played as follows:
 - Coin toss to determine who gets choice of the ball first.
 - Ball placed on the 10 yd line.
 - When a team scores (after the extra point attempt) the other team is given the opportunity to score and try for the extra point in the same manner. A maximum of 4 overtimes will be allowed. In the 3rd and 4th overtime teams must kick. In the event that the game is tied after 4 overtimes, the team having gained the most yards will decide the winner.

In the event of a 3-way tie for Championship positioning, the following system will be in effect. There will be a battle between the three teams on the morning of Championship Saturday. Each team will play each other one time to determine the winner. The following will be the format set for this scenario:

- Each team will start at the 25 yard line and will have an opportunity to score. You have the opportunity to pick up first downs. If the team scores

or gets stopped the possession is over, then the opposing team will have an opportunity to start at the 25 yard line with the same opportunities.

Team A	vs	Team B
Team C	vs	Team A
Team B	vs	Team C

Seeding will be determined based on the results of the playoff.

Sportsmanship:

Any coach, player, parent or person that causes a disruption, will be asked to leave the premises. If the individual refuses to leave the premises, he will be escorted out by law enforcement. If a problem persists with the same individual throughout the season, the Football Commissioners will decide further action against the individual.

Conference Commissioners:

Tommy Ransom – Branford
Jimmy Anderson – Chiefland
Mark Hatch – Cross City
Bryant Frye - SVL
Shannon Smith - SVL

Rules revised 9/6/08